

## IT Training

We have recently been approached by AbilityNet with a view to providing IT training for our members.

This is a government-led initiative funded by BT with a view to bringing digital skills to those who may be struggling including the over 60s.

It has now been going for over a year and is a UK-based registered charity.

The service has been running in Scotland and the Manchester area for the past year. All the tutors have been thoroughly checked for working with older groups.

It is a free initiative which supplies qualified and checked trainers who will visit areas and conduct training sessions on a number of aspects of IT. These include:

1. An introduction to Tech
2. An introduction to the Internet
3. Getting to know your Smartphone or Tablet
4. Staying safer online
5. Getting started with email
6. Using social media eg Facebook
7. Online entertainment eg watching TV online
8. How to access public services e.g. Gov.UK
9. Downloading Apps: Android
10. Downloading Apps: Apple
11. How to make a video call
12. How to manage your health online
13. How to bank online
14. How to shop online
15. Using a computer for documents

Each session is free to Tynedale u3a members and comes with a factsheet and Jargon Buster alongside the sessions and lasts about 1 ½ hours.

We are aware that there are a number of members who are nervous about using the internet and we feel that these training sessions would be very useful.

It is our intention to run courses at the Hexham Community Centre for those in and around Hexham and at Hexham Golf club where extensive free parking is available.

If you would be interested in attending any of these courses, please email [chairtu3a@gmail.com](mailto:chairtu3a@gmail.com) with your choice. When we have an idea of the numbers involved we will make suitable bookings and be in touch.